



# NEW COMMUNITY CLARION

SERVING THE PEOPLE OF BABYLAND - St. ROSE OF LIMA & NEW COMMUNITY

VOL. 9 NO. 2

NEWARK, NEW JERSEY

APRIL, 1991

## Family Gets A New Lease On Life

Mrs. Patricia Paschall signed her lease a few days ago at one of the New Community family complexes. What makes this so special?

Towards the end of 1989 there was a devastating fire which left Mrs. Paschall and her three children homeless. Life seemed to have come to an abrupt end; all their possessions and sense of security were gone in an instant.

Having a strong Christian background, Mrs. Paschall put her faith in God. With the assistance of Red Cross, she and her family were placed at New Community Harmony House, a transitional housing facility for the homeless.

For one year the Paschall family adjusted to a different kind of living environment, but, still they were a family. And this is the main factor. The material possessions were lost but the family had been saved.

Valerie Anthony, the relocation specialist at Harmony House, worked day and night with the family, and doing outreach, until finally a door was opened. This new door marked the beginning of a new lease on life for the Paschall family.

Share, if you will the feelings of each family as they express their feelings up on leaving Harmony House.

Mrs. Patricia Paschall — mother: "How I feel about moving out of Harmony House is that I get a chance to start a new life with my family. To

grow in God's words, not to worry about being homeless anymore. To keep my mind on working with my counselor to make my dream come true — that is, to become a dietician. I also would like to thank Mrs. Valerie Anthony and all who made this move possible."

Towards Paschall, age 12: "Our new home...moving out of Harmony House has surprised me. I was overwhelmed. No words could describe how I felt when I heard the news. I will be able to have more freedom; not that Harmony House hasn't given me freedom, but there are certain things I couldn't do before. I know there's lots of people who are homeless, but thank God, I'm not. That won't change the fact that I used to be."

"I would like to thank everyone who helped. God bless and keep you."

William Paschall, age 14: "I feel glad about moving. But I'll miss my friends and people I knew here. I'll miss all the workers who work here and they'll miss me and my family."

"Two reasons why I'm really glad to move is because my brother and sister and me will have cousins, family, friends and Christian people to come over. To be happy not sad, proud and have lots of space, that's why I want to be free, not saying Harmony House didn't give it to me. That's why I'm glad I'm moving."

Kelly Paschall, age 11: "I'm happy

4L



Mrs. Patricia Paschall beams with pride in the doorway of her new home.

I'm moving out of Harmony House. I finally get to invite people over my house for dinner or get together. My family will be happy that we have our new house and we can have a phone. I know I will be happy and my family is happy. I will miss all of my friends and all the staff. I will also miss the people who work at the multipurpose room. I will miss everyone."

Sometimes we forget the necessary pleasures of life; family togetherness, security and love. We get so wrapped

up in material possessions we lose sight of these things. Tragedies which produce newness do not always happen. For the Paschall family, the waters which squelched the fires of their past marked the beginning of a new awareness of themselves, and an appreciation for being part of God's great universe.

In a sense they have been resurrected into a new life in which they greet each day with love and anticipation.

## United Way Honors Monsignor Linder

At its annual meeting and luncheon on March 19, 1991, Monsignor William J. Linder, founder of New Community Corporation, was the honored recipient of the first annual William H. Ashby Community Service Award. Ashby, who is 101 years old, was present at the ceremony.

Monsignor Linder at one time was a United Way volunteer, and has jets," said the invitation.

Monsignor Linder's dedication to his people can be seen as one looks around Newark at the 2500 units of housing developed and managed by NCC, and at the services the company has provided such as an extended care facility with 180 beds and 60 medical day care spaces, a transitional homeless facility called Harmony House and St. Rose of Lima Parish, of which Monsignor Linder is

pastor, with the alternative school it offers. He was also responsible for bringing Pathmark into the Central Ward with the first new supermarket it has seen in over 20 years.

His dedication earned him the state's highest medal in 1990 — The Governor's Gold Medal for community service.

In accepting the award, Monsignor Linder called Mr. Ashby "living history."

"Howard Quirk, when he was executive director of the Victoria Foundation, quoted Bob Curvin regarding William Ashby," he told those present. "Every black person in America has a special burden of dealing with race and discrimination. For some, sadly the task is overwhelming. Others, like William Ashby, are inspired by the challenge. They spur change and improve society. Few have done it better than he."

Monsignor Linder told the audience he was honored to receive an award named after Ashby.

Focusing on the work of United Way, Monsignor pointed out the difference in American Society vs. European. England and France in particular depend solely on Government intervention in social issues, whereas "we have in American society and I would add even more in our State of New Jersey, a rich history of private

## Hallmark's Commercial Lady

Mrs. Essie McKyer is one of New Community's Adult Medical Day Care participants. She auditioned for a Hallmark commercial and won!

Mrs. McKyer can be seen on Hallmark's television commercial celebrating their 100th anniversary. She has been presented with the Outstanding Citizen Award by Mayor Sharpe James, and later attended a luncheon with other dignitaries.

We at New Community Adult Day Care Center are proud to know that she's a member of our group at this historic moment of her life.



Monsignor Linder shares with audience the accomplishments of William Ashby, at right, in accepting the Ashby Community Service Award.

dedicated his life to "building a better community for all of us, through his tireless commitment to affordable housing and urban development pro-

mony House, which helps 102 homeless families re-enter society through its programs, five NCC/Babyland day care centers for



Mrs. Essie McKyer

Continued on page 3



## NCC Employment Center

# JOB TALK

## Schools And Training For The Year 2000

The employment environment has changed and will continue to change with increased complexity due to technological innovation.

Businesses must now upgrade their processes, and employ skilled, educated individuals to maintain a competitive position in the global market of today.

A greater emphasis will be placed on lower level skills. These are the skills which little or no attention has been paid to in the past; the skills that many workers lack to perform the more demanding jobs. Below is a list containing requirements for entry level employment per the U.S. Department of Labor, Education & Commerce. See how well you qualify.

### READING AND WRITING

Most jobs require a reading level of the 10th grade or higher and the ability to comprehend basic directions as well as the ability to write an organized and coherent paragraph, with correct spelling, grammar, and sentence structure.

### MATHEMATICS

The ability to compute in all areas of beginning math, including fractions, decimals, ratios and proportions and use a calculator is necessary.

### COMMUNICATION

This is the ability to relay accurate messages, understand specific information relevant to the job. Effective speaking and listening skills, computer literacy are sought and the ability to communicate effectively with a wide variety of people.

### PROBLEM SOLVING

The ability to solve problems that require creative solutions, deal with problems of interpersonal relationships. Do you have the ability to take things from real life situations, weigh the choices and generate alternatives?

### FLEXIBILITY & ADAPTABILITY

The ability to get along with other people, and to change work functions and tasks. To understand that continuous training and growth is essential to get ahead. Willingness to volunteer, pitching in beyond the job description.

### On The Cover

Family Gets New Lease On Life

Written by Joyce Cook

February Issue

New Life Begins At 84

Written by Penny Mateon

## THE NEW COMMUNITY CLARION

The N.C. Clarion is published the first week of each month as a community service. The Editor reserves the right to withhold articles and photographs on they are submitted. Opinions expressed in columns are those of the author and do not necessarily represent the views of the newspaper. Articles are appreciated by any and all concerned.

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Now that you have read through the list, don't panic if you found you lack some of the requirements indicated. Help is closer than you think. All you need is a little self-determination and motivation to acquire the areas you are weak in or fall short in.

Below is a list of helpful resources compiled to help you get started. Most of the educational and training programs listed are free of charge. The telephone numbers have been listed for convenience of immediate contact.

### BASIC SKILLS PROGRAMS:

New Community Employment Center  
265 Morris Avenue, Newark, NJ  
(201) 733-4930

Newark Public Library  
5 Washington Street, Newark, NJ  
(201) 733-7734

### GED PROGRAMS:

Newark Skills Center  
187 Broadway, Newark, NJ  
(201) 648-7251

Essex County Vocational and Technical Institute  
94 West Market St., Newark, NJ  
(201) 622-1100

Bernie J. Edmonson Community Center (E.O. Adult Center)  
74 Halsted Street, East Orange, NJ  
(201) 266-5640

### COMPUTER SKILLS TRAINING:

Training Inc.  
494 Broad Street, Newark, NJ  
(201) 642-2622

United Community Corporation  
31 Fulton Street, Newark, NJ  
(201) 344-7977

Urban League Ultra Center  
3 William Street, Newark, NJ  
(201) 624-6660

Northward Center  
346 Mount Prospect Ave.  
Newark, NJ  
(201) 481-0415

Those of you who may be interested in acquiring training and placement in the lab technician field can contact: The Technical Training Project  
Essex County College, 5th floor  
303 University Ave., Newark, NJ  
(201) 624-1400

This is a free program for individuals possessing a high school diploma or GED with the ability to pass a basic skills test. The course runs twice a year, February to June and August to December for a period of 16 weeks (5 days, 40 hour week).

### Contributions To New Community Corporation

If you would like to make a memorial gift or donation to New Community it would be most welcome.

People who would like to give to New Community but don't wish to give up the earning power at the present time can assign a contribution now, but defer payment until sometime in the future.

If you would like more information, please contact Lynn Mertz at Fund Development, (201) 482-0682.

## World Of Work Program At Harmony House

The Adkins Life Skills "World of Work" program conducted by the Employment Center for Harmony House residents is in its second session of classes.

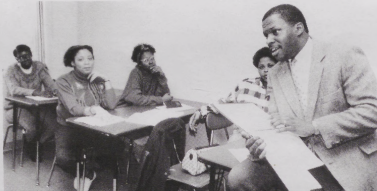
Residents of Harmony House attend a two hour session each Monday and Wednesday for a period of 10 weeks.

Classes are conducted under the guidance of Life Skill Educator, Charles Singletary, who is also a counselor and trainer for the Employment Center.

The program is a group counseling

hand.

Participants who have completed the program have increased awareness and knowledge of themselves, the job market and the essential processes that are required to successfully accomplish a positive, as well as productive, career goal. They have changed their attitudes toward accomplishing career tasks, improved their self-confidence in the ability to cope. They are able to identify and describe interests, abilities, experiences and personal characteristics.



Charles Singletary discusses important job interview skills with Harmony House residents.

process with the ultimate objective of having every individual in the group demonstrate competence and mastery of specific employability skills. These skills have been identified as necessary for learners to become self-sufficient in job search activities and choosing careers.

It is a sequence of learning experiences which are designed to frame the problem in an exciting, motivationally arousing way, dignifying what the student already knows about the problem or the task and adding what they need to know for mastery of the problem or task at

With the assistance of the Life Skills Educator, many from previous sessions have gone on to secure employment as receptionists, home health aides, office clericals, cashiers and various other positions. Others have entered career training programs for computer entry operators, word processors, welders, lab technicians and home health aides.

We here at New Community Employment Center, extend our sincere congratulations and best wishes to those "World of Work" participants in their endeavors to successfully achieve self-sufficiency.

## Funding For Development Sought

Desperately trying to learn all she can about New Community Corp., Lynn Mertz, Director of Fund Development, is already somewhat of a common face. Lynn's task will be to fundraise for the many services provided by the New Community network. She will be looking to corporations, foundations, and individuals to help her in this venture.

"It is taking me some time to learn about all the facets of New Community; we certainly are large and diverse. But when I meet so many dedicated people working to help their neighbor, it makes my job pleasantly challenging," said Lynn.

Lynn comes to us from the island of Pohnpei in the East Caroline islands of the Pacific where she served as a Jesuit International Volunteer for two years. While on Pohnpei, she taught grades 3, 6, 7 and 8 at the island's only Catholic elementary school. "Some of the challenges we faced at school are similar to those here — never enough desks, books or teachers. But what was difficult to learn to deal with were the frogs that inhabited my classroom and the neighborhood dogs that would wander in to visit," she laughed.

The Pohnpeian people are very friendly, generous people. Lynn recalled one story when a local family heard she needed a bicycle to get to school, so they loaned her one of theirs. This was particularly touching



Lynn Mertz

because they were very poor — eight children, living in a hut with just about nothing. It reminds me that people with the least are often the most generous. The Pohnpeian people will always hold a special place in my heart."

Prior to Jesuit International Volunteers, Lynn had worked for a year at Drew University for the Executive Vice-President on special projects. Lynn is an alumna of Drew. She graduated in '87 with a degree in economics.

Lynn lives at home with her parents and five brothers and sisters.



## Evening Of Support For Families Of Operation Desert Storm At Priory

February 25 was an evening of prayer, words of encouragement, and good food and fellowship for 100 families who had relatives serving in Operation Desert Storm.

Held just 72 hours prior to the ceasefire, tensions were still high and fear very real with the groundwar underway.

Yet solace was found at the Priory that evening at this special event sponsored by the downtown corporate community. Thanks to the support of New Jersey Bell, Mutual Benefit Life Insurance Co., the Prudential Insurance Co., Blue Cross and Blue Shield, First Fidelity, and Public Ser-

vice Electric and Gas, New community was able to provide a lovely buffet for all after the prayer service and speeches.

During the delicious meal of southern fried chicken and baby back ribs, members of our Newark community who previously did not know each other were able to get to know others with whom they could share their stories, swap phone numbers, and hopefully look to for support.

Thankfully we are beginning to see our troops return home. May the fellowship found continue as we welcome them.



Participants join in a candlelit prayer service.



Our thoughts are with the troops.



A beautiful cake was served to all the guests.

### Thank God The War In The Persian Gulf Is Over

We still pray for those relatives and friends in military service for whom you requested prayers. May they all soon return safely home.

**HYRONDA M. HALL** - Army; daughter of Rev. Wilson and Evelyn Tolbert.

**OSCAR HALL** - Son-in-law of Rev. Wilson and Evelyn Tolbert.

**RUTHEN AUGUSTE** - Marine Corps; Son of Sandy Augustine.

**CISCO KEMP** - Army; Nephew of Betty Simmons.

**ANTHONY EINHORN** - Friend of Sr. Ann Tumulty.

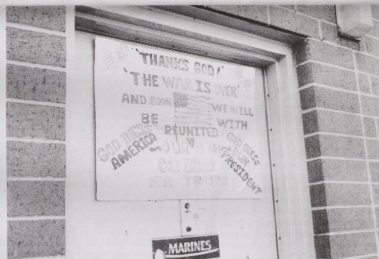
**ROBERT CLARK** - Friend of Sr. Ann Tumulty.

**EDWARD PURNELL, JR.** - Son of Mrs. Purnell.

**KENNETH HAROLD** - Father of Sharonda Yarboro, Manor Families.

**ERNEST REESE, JR.** - Son of Lemira Reese, New Community, Babyland, St. Rose of Lima Parish.

Now it is possible to fax a message to a loved one serving in the military in the Persian Gulf. Use the AT&T Phone Center in Willowbrook Mall (256-0880). Have the person's name, rank, Social Security number, mailing address in U.S., A.P.O./F.P.O.

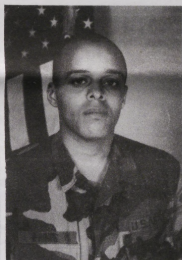


"Happy Days Are Here Again."

### Persian War Touches Home

On March 13, 1991, Gregory Hines, 26, of the U.S. Army, died in Walter Reed Hospital of injuries he sustained in the Persian Gulf.

He is survived by his wife Sara and their children Tiffany of Babyland III and Felicia; his parents Mable of Home Health Care and Pete; a brother Billy of Dunkin Donuts, a



SPC/E4 Gregory Hines

sister Michelle Featherstone of Douglass-Harrison and a cousin, Marcia Hines of Home Health Care.

Please remember Gregory and his family in your prayers, along with all the men and women in the armed services who lost their lives in the war in the Middle East.

Sr. Mary Ellen

## United Way Honors Monsignor...

Continued from page 1

initiative in responding to social ills."...William Ashby is very much a part of that history, he reminded all present.

United Way of Essex and West Hudson supports 86 human service agencies with their contributions gained from public support each year, said Richard A. Levin, president and chief executive officer.

Jerome D. Greco, Chairman of the Board, assured the audience that in the hard economic times facing the people of the area today, "United Way and its commitment to our community will continue to grow and change with us."

Msgr. Linder is surrounded by well wishers from New Community and Babyland at the Atrium West in West Orange.



**ncc** New Community Federal Credit Union  
140 South Orange Ave., Newark, New Jersey  
Office Hours 10 a.m. to 6 p.m.  
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## Florence Williams: New Director Of Human Services

Service to people and improving the quality of life of the people of Newark is New Community's reason for being.

To that end we have an Employment Center, Youth Services, Family and Senior Services, a Home Health and Home Friends Program and our Harmony House Transitional Homeless Facility. As Director of Human Services, Ms. Florence Williams will see that all the ingredients which make these services go, remain in good working order.

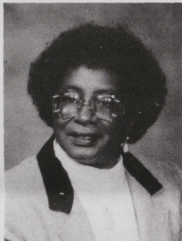
Ms. Williams comes to New Community with a background of administrative responsibility developed through positions in the Department of Human Services in Trenton, such as Assistant Commissioner of Community Relations.

Her work has included a proposal to fund enhanced supportive services to adolescent minority males on AFDC or in Foster Care. Florence also created and implemented a Mini Child Care Center Project which in FY '90 created 466 new child care slots.

Ms. Williams is proud of the Hispanic REACH Services Project she developed, which funded six agencies to provide enhanced outreach and case management services to Hispanic REACH participants statewide and cultural training for REACH providers.

Ms. Williams graduated Summa Cum Laude from Montclair State College and earned her J.D. degree at Rutgers Law School.

She is active in her community, serving as Ruling elder at Bethany



Ms. Florence Williams

Presbyterian Church in Englewood, N.J. Florence co-founded and authored grant proposals for funding of the Infant-Senior Sharing Project, Inc., an inter-generational infant-toddler day care center opened in Englewood in 1989.

When Florence has time to relax, she enjoys reading mystery novels, especially Dick Francis, or movies such as westerns, adventure and suspense.

Her son, Freddie, and five year old granddaughter, Jessica, fill her home with adventures such as learning to ride a two-wheeler and guitar music. Son Chriss is working on his first feature film in graduate school at NYU Institute of Film and Television after finishing his second year film which gave Mom the opportunity to be his Executive Producer.

How full can life be?

## Only On Thursdays

The thesis of a recent book about communities, **Poets, Prophets and Pragmatists**, is that to be full of vitality, communities need all three kinds of people.

Pure types are rare; most of us are mixtures, with one type predominating.

During Sr. Eileen Wust's interview for THE CLARION, she said, "I'm not a visionary. Tell me what you want, and I'll figure out how to have it done." In Evelyn Woodward's book, that makes her a pragmatist — someone with the "practical planning capacity to translate into organized action the vision of the poets and the challenges of the prophets." That description does not do justice to this diminutive sister of St. Joseph of Chestnut Hill, PA, who far surpasses those limitations.

Every Thursday afternoon for the last three years, Sr. Eileen has arrived at the N.C. Social Services office to do "whatever," wherever. No mat-

Anastasia Hearne, Director of Social Services, and reading INTERCOM offering Social Services to New Community residents.

Every week Sr. Eileen comes into the office to get her assignments. These run the gamut from updating individual "Vial of Life" medical records, helping people to apply for Home Energy benefits or to register to vote, or working to keep tenant records up to date.

"There's such a variety of work," she marvels, "I could do something different every week."

Some of her "different" experiences have been working at the Grand Opening of our Pathmark Super Center and the Spring Festival for the benefit of St. Rose of Lima School; doing tenant analysis at N.C. Douglass-Harrison; helping Sr. Anne Quirk with her work in the N.C. Central Purchasing Department; and working with N.C. Gardens Senior tenants during their Older American



Sr. Eileen Wust

ter that she moved from Orange to Oakland during that time, and changed from 6th grade teacher to principal, in the same move; her fidelity to her avocation remains constant.

Every summer when school is out, Sr. Eileen volunteers for at least two weeks. Simply put, Sr. Eileen comes to New Community "because she likes it." You can't get more basic than that! She appreciates that people in the Corporation set out to take care of whatever social need exists in the community, maintain people's pride, and motivate people to reinvest themselves in their neighborhoods.

Sr. Eileen has been teaching since 1974. In the summer she escapes from academia and involves herself distributing food and clothing to the needy, running literacy programs for adults, and (after living with Sr.

Month dinner.

Sr. Eileen has also pitched right in at N.C. Douglas Homes, (her favorite) N.C. Commons Senior and N.C. Associates. She especially enjoys working with seniors because she enjoys the "spiritual lectures" they give her every day.

In her spare time, out in Oakland, on quiet nights, she watches the grass grow and customizes a computer program to our Social Services Department record keeping needs.

Judging by the amount of service she renders, there must have been a time when we told her that we really wanted a lot. She certainly has figured out how to get a lot done in a short time.

Thanks Eileen, it's wonderful having you with us.

Sr. Mary Ellen Bennett

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an experience!*

### Sunday Evenings

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## The World Through Children's Minds - Part II

As you may remember from last month's article, "The World Through Children's Minds," the thinking of children develops gradually, they learn about the world from us, then process what they learn in terms of their limited development and experience. They are wonderful - no question about that; they can do so well at such a young age but our patience is needed.

Getting now to the 4 to 6 year olds, we can see the leaps their brains are making, even with limitations. The chart below maps the course of brain-power in the average 4 to 6 year old. Remember: some will be ahead or behind the "average" and still be normal. Also, we emphasize, there is more to each of us than just our intelligence.

### Three-Four Years (idea of time begins)

Recognizes and matches six colors but can't name them yet.

Intentionally stacks blocks or rings in order of size.

Draws somewhat recognizable picture that is meaningful to child, if not to adult. Names and briefly explains picture.

Asks questions for information (why and how questions requiring simple answers).

Knows own age.

Knows own last name.

Has short attention span.

Learns through observing and imitating adults, and by adult instruction and explanation. Is very easily distracted.

Has increased understanding of concepts of the functions and grouping of objects (for example, can put doll house furniture in correct rooms) **part/whole** (for example, can identify pictures of hand and foot as parts of body).

Begins to be aware of past and present (for example: **Yesterday** we went to the park. **Today** we go to the library).

### Four-Five Years

(colors and numbers begin)

Plays with words (creates own rhyming words; says or makes up words having similar sounds).

Points to and names 4 to 6 colors.

Matches pictures of familiar objects (for example, shoe, sock, foot; apple, orange, banana).

Draws a person with 2 to 6 recognizable parts, such as head, arms, legs. Can name or match drawn parts to own body.

Draws, names, and describes recognizable picture.

Rate counts to 5, imitating adults. Knows own street and town.

Has more extended attention span. Learns through observing and listening to adults as well as through exploration. Is easily distracted.

Has increased understanding of concepts of function; time, part/whole relationships. Function or the use of objects may be stated, in addition to names of objects.

Time concepts are expanding. The child can talk about yesterday or last week (a long time ago), about today, and about what will happen tomorrow.

### Five-Six Years

(begins to understand future time)

Retells story from picture book with reasonable accuracy.

Names some letters and numerals. Rate counts to 10.

Sorts objects by single characteristics (for example, by color, shape, or size).

Is beginning to use accurately time concepts of tomorrow and yesterday.

Uses classroom tools (such as scissors and paints) meaningfully and

purposefully.

Begins to relate clock time to daily schedule.

Attention span increases noticeably. Learns through adult instruction. When interested, can ignore distractions.

Concepts of function increase as well as understanding of why things happen. Time concepts are expanding in terms of major events (for example, Christmas will come after two weekends).

This schedule is an average timetable. Therefore, some children are bound to be a little ahead, or a little behind it, and still be perfectly normal. (Ref. text: Headstart manual.)

There are more elements besides the brain-stream that go into a child's development. Many paperback books have printed them for you, or your child's doctor may have one to give you.

Shirley, a foster mother whose children attend Babyland Nursery, said these articles we are printing on child development are very useful to her. We hope they are to you too.

EASTER GREETINGS!

## Parent-Child Center Workshops

From September 1990 through February 1991 there have been a total of forty-one workshops conducted for Babyland Headstart parents.

The focus of the workshops has been on parenting skills, medical update, child development, career development, nutrition, drug abuse and a host of other relevant topics designed to enhance each parent's level of social functioning. Workshops included some of the following topics:

1. Getting involved in a child's world;
2. Responding to your child;
3. Coping with fear;
4. How a child develops;
5. Family values - Kwanza;
6. Safety in your home;
7. What Drugs/Alcohol can do to your life; and
8. Communicable diseases.

A special thanks to team members and community representatives that have helped facilitate these group sessions for the teen mothers program. A special acknowledgment for the following parents outstanding participation in workshop sessions:

1. Sherrel Durant;
2. Felicia Alston;
3. Johnita Boyd;
4. Margaret Jamison;
5. Towanda Johnson;
6. Natasha Levant;
7. Sherry McNatt;
8. Evelyn Rivera;
9. Dorothea Wertz;
10. Tinika Banks;
11. Nikita Duggins;
12. My Lora Parrish.

For the month of March the focus will be on nutrition, drug awareness and medical updates for infants and toddlers.

All Babyland Headstart parents are encouraged to attend these workshops.

Together we can make the difference!

Gwendolyn Winds  
Social Service Coordinator

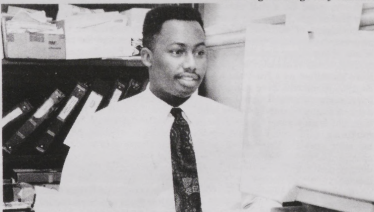
WE SALUTE ALL  
SECRETARIES!  
PROFESSIONAL  
SECRETARIES WEEK  
APRIL 21-27, 1991

## Stations

Friday, March 1st was opening night for the 1991 tour of the play **Stations**, a dramaturgy based upon the Catholic Church's "Stations of the Cross" service. The performance was held at the Sisters of St. Dominic Motherhouse Chapel at Caldwell College, home to several of New Community's religious.

**Stations** is performed by the Heart Theater Company of Jersey City, which will visit several churches in New Jersey and New York City before returning home in time for Easter. The final performance will occur at Sacred Heart Church in Jersey City on Sunday, April 14th.

In **Stations**, the Heart Company



Anthony Thomas

hearts and spirits." The celebrant leads us through the traditional stations, through the Passion and death of Christ. At each stop, the Company takes us beyond, into a soldier's barracks, into a hospital ward with the dying, into the streets with the

delivers a series of powerful vignettes, bolstered by the strong performance of New Community's own Anthony Thomas. The setting for **Stations** is "then and now, in our minds, homeless. But even as the settings change, the path remains the same: the sadness of death leading to the ultimate Easter joy.

Anthony Thomas, from New Community's Development Department, gives a memorable view into the mind of a soldier of the Roman Empire. His voice conveys the emotions of a man torn between Caesar and God, a man whose life can never be the same because of the Christ.

The production is stark and bold, with the players dressed in black. The minimal stage settings only enhance

the power of this moving performance. And the enchanting piano accompaniment of director Paul Novosel fills the empty spaces and invites the audience to join in this spiritual journey through the **Stations**.

## Babyland HEADSTART Teen On The Move

Nikita Duggins became a teen mom when she was in high school. She was accepted into the Teen Program with her little boy, who was eleven months old. Her son is currently two years of age and his attendance is excellent in the classroom.

Nikita's greatest aspirations included finishing high school, attending college and obtaining a Bachelor's Degree, and enhancing her parenting skills and knowledge of child development so as to enable her to provide a nurturing environment to allow her son to grow and develop to his fullest potential.

Nikita is actively pursuing her dreams and each day she is a step closer to her goal attainments. Nikita successfully completed her high school education. She is currently attending Montclair State; she is a second semester freshman. While she has not declared her major at this point, her interest is Biology.

Nikita attributes her achievements to her optimistic approach to life. The great encouragement, support and motivation she has gotten from her sister and other family members has been a beacon of light in her life. In addition, she gives special thanks to

Babyland Headstart for their comprehensive services which include an educational child care program, social services, health, nutrition, mental health and parent education programs. Nikita expressed that Babyland has played a vital and integral part in her achievement. Nikita reflects and shared that more programs are needed like this so that teen moms will not have to drop out of school due to the lack of child care; they can learn to be better parents and reduce the possibilities of child neglect/abuse and learn about prevention of teen pregnancy.

Nikita understands that being a teen mom can be stressful and cause many to have unfulfilled dreams. However, she knows with the proper support systems from family and community and a positive self image, her dreams can become a reality.

Our hats are off to Nikita Duggins. Keep up the good work!

Together we can make a difference!

Congratulations,  
Mary Lou Madden  
Program Director  
Gwendolyn Winds  
Social Service Coordinator  
Sr. Pat Crowley  
Family Worker

## CALL FOR HELP

Is your husband or boyfriend abusing you? You are not alone - it happens a lot. There's a number you can call 24 hours a day where people are available to help you explore your feelings and plans. All calls are kept confidential.

Don't let this situation continue. NO ONE DESERVES TO BE BEATEN!

Call Babyland's Essex County Family Violence Project at 484-4446. In the Caldwell area, call PEACE at 226-6166.

## A Little Critical Thinking At Easter

When the U.S. went to war in the Persian Gulf, I decided to collect the names of friends and relatives of New Community Network members serving in the Armed Services there. Placing each name on a yellow ribbon on a tree in the Atrium at St. Joseph Plaza, as well as listing the names in THE CLARION and the St. Rose of Lima Parish Bulletin would be a silent call to prayer, as well as a striking reminder of the extent of our involvement on the other side of the world. Soon we had a list of more than 130 names, and the tree was covered with ribbons.

Compiling the list and tying the bows became a meditative exercise for me. The first set of names to arrive was from St. Rose of Lima School. As I studied it, realizing that each one stood for a real person in very real danger, not simply a unit of a contingent of 400,000, I became aware of the extent to which so many of our abstractions distance us from reality. Some of the service persons were identified as a friend of a student. Children who have young adult friends, mentors, really, are lucky indeed. A young adult who would take time out from a swinging routine to nurture a child's development would be very special. Now these very special people are in very real danger, and I was sure the children missed them and feared for them.

One day while placing bows and names on the tree, my reflection centered on the realities of birth and death: how very much goes into nurturing precious little people, whom we love before we see, versus the seemingly cavalier attitude with which we send them off to wage war, perhaps to die. Now, since the U.S. may be preparing to disengage from the conflict, it may be time to dismantle our tree. How I have looked forward to this day! Its whole time with us has been symbolic — symbolic of so many other realities in our society that need dismantling.

At the Peace March in Washington on January 26, I saw a sign: WE'VE HAD MALE SUPREMACY, WHITE SUPREMACY, NOW AIR SUPREMACY. The sins of sexism, racism and militarism are destroying our society. We must dismantle them before they dismantle us.

It seemed that every day of the Gulf Crisis brought a new indicator of the extent of the sickness of our society.

One symptom is widespread gullibility, evidenced by a seeming lack of ability to think critically. Early on, Saddam Hussein was denounced as a murderous tyrant and we set about to destroy him. What about all the other murderous tyrants whom we support with millions of dollars of military aid — on a daily basis? Is there a difference? Am I missing something?

Before the war began, we celebrated Great Britain as our strongest ally in opposition to the dishonorable occupation of Kuwait, while Great Britain itself occupies Northern Ireland. Is there a difference? Am I missing something?

There was some incredibly twisted language. "Friendly Fire" for example. Something that causes death against one's will can hardly be construed as being friendly, yet we put this expression in our mouths with credulity similar to the manner in which we accept the contradiction in terms of "Peacekeeper Missile" and so many other sleights of the tongue which serve to remove us from reality.

Slavishly we watch the evening news "edited by the military" and swallow it whole. We have become media consumers, not media critics, and continue to send the fox to guard the hen house. We must work to regain our ability to think critically.

Happily, our tree is out of synch this spring, this Easter season. While other trees are bursting into bloom, ours is losing its blossoms, in a welcome, unseasonable fall. May this dismantling be a sign that we are re-learning the lessons we knew before the amnesia brought on by the Gulf Crisis: first and foremost that we are all members of one human family, what hurts one of us hurts us all, and vice-versa; then, that war as a means of settling differences is not only obsolete, but obscene as well, given the insights we have about the seamless web of all life on our planet.

As we internalize these lessons, we will be prepared, as God's very dear children, to "clothe ourselves with a mantle of justice, with truth buckled around our waist, integrity for a breastplate, wearing for shoes on our feet the eagerness to spread the gospel of peace." (Eph.6) This new Easter outfit would be a fitting follow-up to the dismantling of our tree.

Sr. Mary Ellen Bennett

## THE CHEF'S CORNER

### Sunday Brunch Carrot Cake



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This cake is one of our favorites at The Priory Sunday Brunch. The orange glaze used in place of frosting on this cake is just another example of putting the Louisiana orange to work. It is quite common to see fruit glazes used in place of icings or frostings.

#### For Cake:

- 3 cups grated carrots
- 2 cups sugar
- 2 cups flour
- 2 tps. baking powder
- 2 tps. baking soda
- 2 tps. cinnamon
- 1 tsp. salt
- 1 cup chopped pecans
- 1 1/4 cups salad oil
- 4 eggs
- 3 tps. butter

Preheat oven to 325 degrees F. In a large mixing bowl, combine all dry ingredients. In a separate bowl, whip together oil and eggs, blending well to ensure that all is incorporated. Add to the dry mixture and slowly blend until all ingredients are well mixed. Grease three 9 inch baking pans with butter. Pour batter into pans and bake on center shelf of oven for ap-

proximately one hour and fifteen minutes. Cool and set aside.

#### For Glaze:

- 1 cup sugar
- 1/4 cup corn starch
- 1 cup fresh orange juice
- 1 tsp. lemon juice
- 2 tps. grated orange peel
- 2 tps. butter
- 1/2 tsp. salt

In a heavy bottom sauce pan, combine sugar and corn starch. Add orange and lemon juice and stir over medium heat until mixture is well blended and bubbly. Add all remaining ingredients and cook over low heat until mixture is thick and glossy. Remove from heat and cool slightly. Once cool, pour orange glaze over carrot cake and spread.

Preparation Time: 1 1/2 hours. Yield: 19-inch cake.



## Jazz Brunch Packs The House!



## TO ALL MEMBERS! Credit Union Annual Meeting

**What:** New Community Federal Credit Union (NCFCU) Annual Membership Meeting

**When:** Wednesday, April 10, 1991

**Where:** N.C. Commons Seniors  
140 So. Orange Ave., Newark, N.J.

**Time:** 6 p.m.

Everyone who is a member is invited to attend the meeting to ask questions, win prizes and enjoy refreshments.

Bring a co-worker to sign up as a new member.

We hope to see you there.

Any questions? Call Linda at

**621-1618**

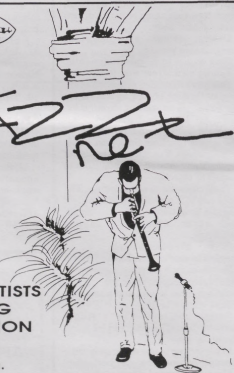
ON PRIORY  
RESTAURANT

JAZZ

Thursdays

TOP JAZZ ARTISTS  
NETWORKING  
BACKGAMMON  
CHESS

5 p.m. to 10 p.m.







# CLARION FOOD SECTION



## Are Your Tastebuds Jaded?

*The Priory Restaurant Introduces A New Menu Of American And Southern Cuisine With A Cajun And Creole Flair*

Since its opening in April 1986, The Priory Executive Chef, Joseph Rodriguez, has used his 30 years experience to send diners away with a feeling of gastronomic pleasure. His preparation of veal piccata and the delicious home-cooked soups that are his delight brought people back for more.

The increased use of our restaurant facilities has demanded a corresponding increase in the number of choices available to patrons enjoying the ambience of this beautiful old landmark church, in which The Priory rests, while savoring its first class cuisine.

With the arrival of a new chef from New Orleans — Michael Guy — some favorite southern selections have been introduced in the new menu, including Cajun and Creole recipes.

According to Nat Natesan, manager of The Priory, who is steeped in culinary history, when the Acadians came down from Nova Scotia, Canada, in 1765 after the British conquered the French, they settled in Louisiana, bringing to this country their French-Canadian Cajun cuisine such as The Priory's **Blackened Whiting**, traditional New Orleans style.

Settlers also arrived from Spanish and French island colonies, introducing to the Gulf, Creole cooking such as **Shrimp Jambalaya**, prepared in The Priory in a sauce made with fresh tomatoes and fresh herbs and spices and served over rice. (The Cajun version you may know as paella.)

A favorite southern dish recently

placed on our menu is **Savannah Seafood Fantasy** which takes scallops, shrimp and whiting, sauteed, and serves them up with rice and blackeyed peas.

Or how about **Kentucky Bourbon Basted Chicken** (which speaks for itself) accompanied by cornbread stuffing, string beans almandine in a homemade bourbon sauce?

Over the years, the Creole dishes mixed with creations introduced by African slaves and local Indians, said Nat, as did the Cajun dishes, producing today's contemporary cross of French-Acadian dishes. The dishes are spicy — "tasty but not necessarily hot. Just enough to be tangy and tingle the tastebuds," he explained.

Both Cajun and Creole cuisines are very popular in New Orleans. Now they are being introduced at The Priory.

We haven't forgotten beef eaters however. They can sink their teeth into **Texas Beef Ribs** — big juicy ribs smothered in our Texas BBQ sauce, served with collard greens, rice and beans. **Baby Back Ribs** are one of the writer's favorites and according to Nat are the most tender you'll ever eat. They're served with string beans and potato salad.

For those whose tastes run to American cuisine, the choices include **Grilled Veal Chops** or perhaps the **Priory Mixed Grill**, with choice medallions of Filet Mignon, Veal and Pork grilled European style in cognac and served over rice pilaf with tomatoes and mushrooms.

A light soup such as **Priory Fish**

**Chowder** with a sherry pepper sauce can whet the appetite for more.

In our pasta selections, **Linguine and Sun Dried Tomatoes** might be a good choice, made with a combination of cheeses blended in a cognac sauce with wild mushrooms.

To accompany the meal, an extensive wine list is available, including Dom Perignon champagne for those very special occasions.

We can send you home with your sweet craving satisfied by Chocolate Sin Cake, or your heritage toasted

with Cappuccino, Irish Coffee, Jamaica Coffee with Tia Maria and Rum, or a Coffee Punch of chilled coffee blended with chocolate syrup and a touch of vanilla ice cream.

As with any new menu, "The proof of the pudding is in the eating," according to Nat.

We invite you all to "taste and see" how very special dining at The Priory can be.

Why not make a reservation today by calling 201-242-8012.

## From New Orleans To New Community



"Cajun cooking is something to stimulate the palate and awaken it to new adventures in eating."  
Michael Guy

"The proof of the pudding is in the eating," says Nat Natesan, manager of The Priory Restaurant introducing Michael Guy and the Cajun and Creole cuisine he brings with him from New Orleans.

Michael comes to us from The Court of the Two Sisters, a name which anyone who has savored the culinary delights of New Orleans will recognize. Pastas and sautes were his specialties at DiPiazza's, another New Orleans restaurant. Part of his experience is as head chef at Bouligny Restaurant, where he worked extensively on developing a contemporary creole seasonal menu. Michael helped his father cater for the Louisiana State University Faculty Club while he was attending college there and developed a liking for fine cooking. He hopes some day to become chef/owner of his own restaurant.

The culinary apprenticeship program at Delgado Community College in New Orleans gave Michael the opportunity to begin his new career. There is an outstanding three year

program which enables students to work with different hotels throughout the city developing their skills under the expert supervision of their fine chefs.

As we talked about the new menu of Cajun and Creole cooking he will offer here at The Priory "lots of fresh herbs" came into the conversation — and "garnishes I make myself." Cajun cooking, Michael pointed out, is not always very hot. "It is something to stimulate the palate and awaken it to new adventures in eating," was the way he described it. "Everything has to flow in harmony; nothing to overpower." A recent sampling of some of his creations gave the writer a delightful surprise!

Michael's wife Sandra, and his son Germaine, 11 months old, will be joining him here very soon.

Michael received a scholarship from "La Fette's po-boy and all that Jazz" for excellence in the Culinary Arts. He is a member of the American Culinary Federation and is registered in Chefs of America.

"LET'S MEET AT THE PRIORY RESTAURANT"

for  
the Best  
New Orleans Style  
**SUNDAY  
BRUNCH**

all you can eat - **12.95**

5 to 12 yrs. - **6.95**

9:30am - 3:00pm

**Start** with complimentary champagne or orange juice

**Choose** wide variety of delicacies such as:  
•homemade hot biscuits,  
corn bread

•waffles, gnits, ham,  
seafood jambalaya  
•greens, rice, yams, fresh fruits,  
salads

**Finish** •with your favorite dessert

**LIVE JAZZ**

call 201-242-8012

for reservations

At Historic St. Joseph Plaza

**PRIORY RESTAURANT**  
233 WEST MARKET ST.  
NEWARK, N.J.

FREE ON SITE PARKING

## Duke Anderson Trio At Priory



**EAT-IN OR TAKE-OUT**

Mon-Sat., 11:00 a.m.-10:00 p.m.  
 Sunday, 11:00 a.m.-7:00 p.m.  
 Saturday Bakery, 9:00 a.m.-10:00 p.m.  
 Sunday Bakery, 7:00 a.m.-7:00 p.m.

**ITALIAN**  
*Little Italy*

**Pizza:**  
 Super Pie ..... 11.00  
 Sicilian Pie ..... 8.00  
 Large Pie ..... 6.95  
 Cheese Calzone ..... 3.00

**Calzone:**  
 Spinach ..... 3.50  
 Pepperoni ..... 3.50  
 Ham ..... 3.50  
 Sausage Roll ..... 2.75  
 Meatball Parmesan ..... 3.75  
 Lasagna ..... 3.75  
 Spaghetti & Meatballs ..... 3.75  
 Gyros ..... 3.75

**Slices:**  
 Stuffed ..... 2.95  
 Super ..... 1.50  
 Sicilian ..... 1.10  
 Large slice ..... 1.00

**Additional Toppings:**  
 Large Pie ..... 1.75  
 Sicilian ..... 1.75  
 Slice ..... .50

**Toppings:**  
 Pepperoni Peppers  
 Olives Onions  
 Anchovies Cheese  
 Sausage

**MEXICAN***South Of The Border*

Nachos Super ..... 3.95  
 Nachos ..... 2.75  
 Taco ..... 1.25

**DAILY MANAGER'S SPECIAL**

\*Party Catering Available  
 \*Star/Ledger Available On Sundays  
 \*Prices Subject To Change Without Notice

**WORLD OF FOODS****BAKERY**  
*Paris Delights*

**Pies:**  
 Sweet Potato ..... 5.99  
 Lemon Meringue ..... 5.99  
 Coconut Custard ..... 5.99  
 Apple ..... 5.99

**Breads:**  
 Raisin ..... 1.49  
 Rye ..... 1.29  
 Wheat ..... 1.29  
 White ..... 1.29  
 Onion ..... 1.29  
 Marble Rye ..... 1.29  
 Large Italian ..... .99  
 Small Italian ..... .69

**Cookies:** ..... 3.99 lb.  
 Chocolate Chip  
 Chocolate Chocolate Chip  
 Oat Meal Raisin  
 Peanut Butter

Cinnamon Rolls ..... .55  
 Danish ..... .69

prune  
 strawberry  
 pineapple  
 Brownies ..... .45  
 Apple Turnover ..... .75  
 Coffee Cake ..... 3.99  
 Coffee Ring ..... 3.99  
 Sticky Buns ..... .99  
 Muffins ..... .45

apple blueberry  
 bran orange blossom  
 corn banana

**Cheese Cake:** ..... 6.00  
 Cherry ..... 6.29  
 Lemon ..... 6.29  
 Blueberry ..... 6.29

**Rolls:**  
 Kaiser ..... .25  
 Torpedo ..... .30  
 Steak ..... .30  
 Hamburger ..... .20

**Bagel:** ..... .35  
 Raisin  
 Sesame  
 Onion

Apple Horeshoe ..... 2.69  
 Apple Crumb ..... 3.99  
 Pound Cake ..... 5.99  
 Carrot Cake ..... 6.99

Slices of Pie ..... 1.00  
 Slices of Cheese Cake ..... 1.50  
 Roll with Butter ..... .65  
 Bagel with Butter ..... .75  
 Bagel with Cream Cheese ..... .99

**Beverages** Reg. Lg.

Coke ..... .89 .99  
 Diet Coke  
 Sprite  
 Lemonade  
 Fruit Punch  
 Iced Tea  
 Coffee ..... .75  
 Hot Tea  
 Decaffeinated Coffee

**DELI***Newark Deli/Grill*

**Hot Sandwiches:** ..... 3.75  
 Corned Beef Roast Beef  
 Sauce  
 Pastrami Roast Turkey

**Special Sandwiches:**  
 Ruben ..... 3.95  
 Turkey Club ..... 3.75  
 Tuna Club ..... 3.75  
 Roast Beef Club ..... 3.75  
 Shrimp Salad ..... 3.75  
 Combos ..... 3.75  
 Chicken Salad ..... 2.75  
 Tuna Salad ..... 2.50  
 BLT ..... 1.75

**Baskets:**  
 Chicken ..... 2.95  
 Clams ..... 2.29  
 Chicken Nuggets ..... 2.09

**Fish:**  
 Platter with Fries and  
 Cole Slaw ..... 3.95  
 Sandwich ..... 1.50

**From the Grill:**  
 Cheesesteak with onions and  
 peppers ..... 3.75  
 Cheeseburger ..... 2.95  
 Hamburger ..... 2.75  
 Small Cheeseburger ..... .65  
 Small Hamburger ..... .55

**Hot dogs:** ..... .89  
 with cheese ..... 1.09  
 with sauerkraut ..... .89

**Salads:**  
 Tossed ..... 1.60  
 Potato ..... .50  
 Cole Slaw ..... .50

**Side Orders:**  
 French Fries ..... .99

**Soups:**  
 Chicken Noodle ..... 1.00  
 Vegetable ..... 1.00

**ORIENTAL***Orient Express*

**Dinners:**  
 Shrimp with Lobster  
 Sauce ..... 3.75  
 Scallops with Rice and  
 Broccoli ..... 3.75  
 Stir Fried Beef ..... 3.25  
 Stir Fried Chicken ..... 2.95  
 Sweet and Sour Chicken ..... 2.95  
 Shrimp Lo Mein ..... 2.85  
 Chicken Chow Mein ..... 2.75  
 Vegetable Fried Rice ..... 2.50

**Side Orders:**  
 Egg Roll ..... 1.00  
 Vegetable Fried Rice ..... .50  
 White Rice ..... .50

**Soups:**  
 Wonton ..... 1.00  
 Chicken with Rice ..... 1.00  
 Chicken Noodle ..... 1.00

**BARBEQUE***Cowboy Bill's BBQ*

Rib Full Rack ..... 9.25  
 Rib Half Rack ..... 6.25  
 Whole Chicken ..... 6.95  
 Half Chicken ..... 3.75  
 Quarter Chicken ..... 2.75  
 Chop Pork Sandwich ..... 2.75  
 Macaroni and Cheese ..... 2.50  
 Hot and Spicy Wings ..... 2.50  
 Individual Rib ..... 1.15

**Side Orders:** ..... .50  
 Turnip Greens Cole Slaw  
 Collard Greens Red Beans  
 Potato Salad Black-eyed Peas  
 Macaroni and Cheese

**Rib Dinner:** ..... 4.95  
 Ribs, choice of one side order  
 and corn muffin.

**Platters:** ..... 3.95  
 Quarter chicken and ribs.

**EAT IN** Save**COUPON**  
**ITALIAN**  
*Little Italy*

This Coupon Worth  
**75¢** Towards The  
 Purchase Of  
**ANY ONE CALZONE**

**WORLD OF FOODS**  
 NEW COMMUNITY NEIGHBORHOOD SHOPPING CENTER  
 (VALID THRU APRIL 30, 1991)

**APRIL COUPON SPECIALS****COUPON**  
**ORIENTAL**  
*Orient Express*

This Coupon Worth  
**FREE EGG ROLL**  
 With Purchase Of  
**ANY ORIENT EXPRESS DINNER**

**WORLD OF FOODS**  
 NEW COMMUNITY NEIGHBORHOOD SHOPPING CENTER  
 (VALID THRU APRIL 30, 1991)

**COUPON**  
**ITALIAN**  
*Little Italy*

This Coupon Worth  
**\$2.00** Towards The  
 Purchase Of  
**ONE LARGE PIZZA PIE**

**WORLD OF FOODS**  
 NEW COMMUNITY NEIGHBORHOOD SHOPPING CENTER  
 (VALID THRU APRIL 30, 1991)

**TAKE OUT** Save**COUPON**  
**BARBEQUE**  
*Cowboy Bill's BBQ*

This Coupon Worth  
**\$2.00** Towards The  
 Purchase Of  
**ONE WHOLE CHICKEN**

**WORLD OF FOODS**  
 NEW COMMUNITY NEIGHBORHOOD SHOPPING CENTER  
 (VALID THRU APRIL 30, 1991)

**COUPON**  
**BAKERY**  
*Paris Delights*

**SATURDAY & SUNDAY SPECIAL**  
**\$1.00** Towards The  
 Purchase Of  
**COFFEE CAKE OR COFFEE RING**

**WORLD OF FOODS**  
 NEW COMMUNITY NEIGHBORHOOD SHOPPING CENTER  
 (VALID THRU APRIL 30, 1991)

**COUPON**  
**BAKERY**  
*Paris Delights*

**1 DOZEN KAISER ROLLS**  
 Only  
**\$2.50** With Coupon

**WORLD OF FOODS**  
 NEW COMMUNITY NEIGHBORHOOD SHOPPING CENTER  
 (VALID THRU APRIL 30, 1991)

**COUPON**  
**BAKERY**  
*Paris Delights*

This Coupon Worth  
**75¢** Towards The  
 Purchase Of  
**ONE POUND OF COOKIES**

**WORLD OF FOODS**  
 NEW COMMUNITY NEIGHBORHOOD SHOPPING CENTER  
 (VALID THRU APRIL 30, 1991)

**COUPON**  
**BAKERY**  
*Paris Delights*

This Coupon Worth  
**\$1.00** Towards The  
 Purchase Of  
**ANY PIE**

**WORLD OF FOODS**  
 NEW COMMUNITY NEIGHBORHOOD SHOPPING CENTER  
 (VALID THRU APRIL 30, 1991)

**COUPON**  
**ORIENTAL**  
*Orient Express*

**SATURDAY & SUNDAY SPECIAL**  
**\$1.00** Towards The  
 Purchase Of  
 Any Combination Chinese Soup & Dinner

**WORLD OF FOODS**  
 NEW COMMUNITY NEIGHBORHOOD SHOPPING CENTER  
 (VALID THRU APRIL 30, 1991)

**COUPON**  
**ITALIAN**  
*Little Italy*

This Coupon Worth  
**\$1.00** Towards The  
 Purchase Of  
**ONE ORDER LASAGNA**

**WORLD OF FOODS**  
 NEW COMMUNITY NEIGHBORHOOD SHOPPING CENTER  
 (VALID THRU APRIL 30, 1991)

**COUPON**  
**MEXICAN**  
*South of the Border*

This Coupon Worth  
**50¢** Towards The  
 Purchase Of  
 One Nachos Super Or Nachos

**WORLD OF FOODS**  
 NEW COMMUNITY NEIGHBORHOOD SHOPPING CENTER  
 (VALID THRU APRIL 30, 1991)

**COUPON**  
**ITALIAN**  
*Little Italy*

This Coupon Worth  
**FREE TOPPING**  
 ON ANY PLAIN SLICE

**WORLD OF FOODS**  
 NEW COMMUNITY NEIGHBORHOOD SHOPPING CENTER  
 (VALID THRU APRIL 30, 1991)

**WORLD OF FOODS**

**BERGEN ST. AND SOUTH ORANGE AVE., NEWARK**  
 (Located In The New Pathmark Shopping Center)

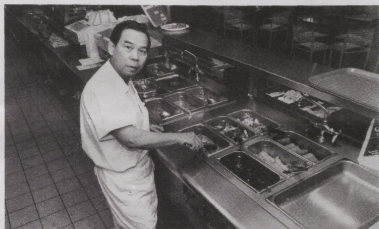




# WORLD OF FOODS



## Our Cooks Give You A Taste Of The World



**Kun Wong**

Born in Hong Kong, raised in the United States, Kun Wong has been cooking Chinese food in Chinatown for several years. He was recently asked to come and prepare his wonderful Chinese recipes for World of Foods. He was glad to do so as he cooks a vast variety of dishes. Mr. Wong says he is very glad to be a part of New Community and to work with the people here.

Born in Egypt, Nabil has been in the United States since February, 1982. He and his brother owned a restaurant in Jersey City where they learned to make pizza. "As many as 500 per day," says Nabil. After 7 years, they sold the business. Still wanting to create scrumptious pizza, he decided to come to World of Foods. He, like Kun Wong, is glad to be a part of New Community.



**Nabil Ebrahim**

## Bergen Street Pathmark Gets High Marks On Survey

One comment that we've heard often about our Bergen Street

Pathmark is a favorable impression of the store's cleanliness. It sparkles.

Our residents are both impressed and appreciative because it reflects on their dignity which New Community is so careful to preserve.

In a survey of 248 people done by Pathmark on November 1-3, 1990, our store received its highest ratings in the perishable departments. The percentages of customers rating the appy, produce, meat and fish departments to be better than other stores were significantly greater than the division averages — twice the division average in some cases.

What was less known was that we have some of the lowest grocery prices around, compared to our competition.

Maybe our faithful Pathmark followers who read The Clarion will talk up a storm about the savings they enjoy and spread this good news among their friends.

We certainly would like to see everyone enjoy more for their money at Pathmark!

If You...

Like Cookies  
Love Cookies  
Need Cookies



## WORLD OF FOODS

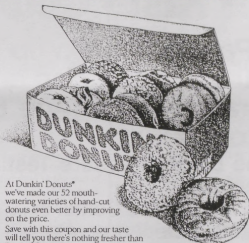
has over 20 varieties of fresh baked cookies for any occasion

Apricot Filled • Cherry Filled  
Mint Filled • Fudge  
Sprinkle • Chocolate Chip  
and more

A large assortment of beautiful sugar cookies look great on a cookie tray

By the pound or by the dozen

## \$2.99 For A Dozen Donuts



At Dunkin' Donuts® we've made our 52 mouth-watering varieties of hand-cut donuts even better by improving on the price. Save with this coupon and our taste will tell you there's nothing fresher than Dunkin' Donuts®

**DUNKIN'  
DONUTS®**  
It's worth the trip.

SAVE

**\$2.99**

SAVE

## For A Dozen Donuts

One coupon per customer. Available as all participating Dunkin' Donuts® shops. Offer cannot be combined with any other offer.

**DUNKIN'  
DONUTS®**  
It's worth the trip.

Limit: 2 Boxes  
Offer Good: Thru April 30  
Pathmark Shopping Center  
131 Bergen St.  
Newark, NJ

SAVE

SAVE



## Pathmark Has The Best Of Everything



# Pathmark®



# The Pathmark Pharmacy Dept.

## \* Fast \* Courteous \* Service Plus

**Co-Pay absorption up to \$1.50 on most Union and Insurance Plans (Age 62 and over)**

- Free Blood Pressure Testing Every Day
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## Douglass-Harrison Park

Last October, groundbreaking ceremonies took place for the reconstruction of Douglass-Harrison Park. In February, the bulldozers moved into the Park and began the task of ripping up the old and broken asphalt. They have been working quite diligently and consistently over these weeks. Outlines for a restored beauty to the Park can already be seen.

James Brown of the City Engineering Office shared the overall plans of the reconstruction. All the old walkways are being removed and new concrete walks are being built; new benches will be placed throughout the Park; the old sod will be torn up, the soil aerated and new grass planted; trees will be pruned and new ones also planted; and new lighting fixtures are being erected. The World War II Memorial for Archie Callahan and the flagpole are also being renovated and upgraded.

Some new features of the Park will include an enclosed toddlers' area and a young children's area with play equipment. For residents who would like a small plot for gardening, there



Douglass-Harrison Assistant Manager, Mike Iferika, surveys work being done in the new park.

will be a separate section for planting either flowers or vegetables. Decorative fences on Muhammad Ali, Spruce, and Montgomery Streets will offset the restored beauty of the park.

Residents of the Douglass-Harrison

neighborhood eagerly look forward to the completion of the reconstruction project — projected date is the end of June. The beautification of the park is another testimony to new life coming to Douglass-Harrison.

Sr. Yvette Arnold

## Firemen Look To Spa For Fitness

Anthony Austin, a 5 year veteran of the Newark Fire Department works at Engine #7 on West Market Street.

Anthony also joined the New Beginnings Spa in 1985 when it opened. "Since the fire company that I work for is located directly across the street from the Spa, I watched and waited for the day when it would open up for business," he revealed. "I was one of its first members. I joined because I needed to be a part of some daily exercise program. I feel great since I've been on the program. I have toned my body and I'm able to perform much better in my capacity of work."

The Spa is unique in itself; it is centrally located so you don't have to

travel a long distance to get there. Then the staff is great! They motivate you to want to exercise. There's a friendly, family atmosphere that all of the members love.

Alton Brooks, a 10 year veteran of the Newark Fire Department, works from Engine #17 at Clinton and West Runyon Street. He joined the New Beginnings Health Spa when it opened in 1985. Brooks says that daily exercise is the best thing that could have happened to him. He states that he joined because, being a fireman, one has to stay in top physical condition.

Since he has been taught how to exercise properly by the fitness instruc-

tors, he states that he can climb stairs faster, run, and has more energy than he did before. "I look forward to coming to the Spa everyday, where I meet a friendly staff and pleasant members," he told us.

Another plus about this program is that any fireman who has the U.S. Healthcare insurance plan will be reimbursed for joining a health club.

Madge Wilson

## NC Douglas Honors Black History

In honor of Black History Month, the February Gospel Program at NC Douglas Homes featured Director of N.C. Security James DuBoise who presented an informative outline of the Military History of Black Americans.

Elder Evelyn Williams of Zion Holy Church and history faculty member of West Side High School, both in Newark, gave a talk, "Freedom Then and Now! The Religious Heritage of Black Americans."

Missionary Alice Jones, also of Zion Holy Church, sang a song she wrote: "We've Come, Come A Long Way" and recited an original poem: "To Be Black and Free."

According to the proud originator of this monthly Gospel Program, Mrs. Ruby Marshall, more and more tenants participate each month, and everytime they come, they stay a little longer.

That would be the sign of a successful program anytime, however in that particular week it was especially significant because everyone's calendar was booked solid with Celebration of Black History and Valentine's Day Parties.



Newark Firemen Anthony Austin and Alton Brooks, right, keep in top shape at the New Beginnings Spa.

## You Can't Beat It, So Join It

New Beginnings? New members? Boy do we have them!!! If you haven't stepped into Newark's best workout spa in a long time, take a look!!! An abundance of new members have been added to our family of healthy and vibrant people.

Take one look at the crowds that flock to Clarence "Collard Greens" McMillan's aerobic class. The smiles and determination upon those faces show what New Beginnings is all about. Clarence works everyone to their maximum aerobic capacity.

Watch the care and personal touch Ursula Perry brings to our healthy Senior Citizens Program. Newcomer

Mike Mitchell joined our staff with the ability to move the crowd with low and high impact aerobic moves.

Our circuit area of the gym always has the sounds of weights touching, treadmills spinning and finally people enjoying the area's best, and we emphasize best, workout.

Don't try to squeeze into Spring and Summer apparel that's too tight. Why spend money on a new wardrobe, when our 1 year program is cheaper!!! Find out what all our new members find out — that we back up our claim to Newark's best workout!!!

Ed Scott

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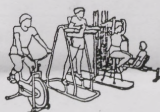


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Whether you run or walk, swing to an aerobic beat, or engage in a lively sport, your feet absorb considerable physical stress. They need protection. Fortunately, you can protect your feet to a significant degree with the right footwear — with athletic, leisure or walking shoes from the broad, sophisticated selection available today.

To help you make the right selection of athletic footwear particularly, the following check list has been compiled to help you:

1. Plan your visit to the shoe store. You will be making important decisions. Think ahead. Anticipate your needs and your preferences. If your sport activity is a morning one, shop for athletic shoes in the morning. Feet swell in the course of the day. For an evening sport, try on new shoes late in the day.

2. If you have been experiencing a foot problem of any nature, visit your podiatrist before you shop. Get the advice of your podiatric physician concerning the type of shoe that is best for you. Show your old shoes to your podiatrist, particularly if one shoe is worn down in a pattern significantly different from the other. An examination of the shoes' soles will reveal much to your podiatrist about your feet in action.

3. Proper fit for both feet is one of the most important criteria when choosing footwear. Do not assume that your dress shoe size is also your athletic shoe size. Feet spread more under the pressure of sports activities. Also, allow for the extra thickness of athletic socks. Bring a pair of athletic socks with you or buy a pair in the shoe store. Try on the new shoes — both left and right shoes — while wearing the heavy sport socks. Consider, too, that feet get flatter and longer as they age. Adapt your shoe sizes to the aging process.

4. In addition to fit, the basic qualities to consider in new shoes are flexibility and stability, cushioning and shock absorption, and comfort. Test for flexibility in front of a mirror. See if each shoe bends where the foot naturally flexes. To judge stability rise up on the balls of your feet.

Your toes should spread easily in the new shoe without touching the sides, indicating your foot is properly centered in the shoe. Check cushioning and shock absorption, too. Jump up and down on a hard, uncushioned surface. The shoe should feel resilient and comfortable.

5. Heavy people need more cushioning. If one foot is larger than the other, buy a size to fit the larger foot. The shoe on the smaller foot can be adjusted with insoles and materials your podiatrist can recommend. If you wear an orthotic now for general use, you will need a different orthotic for sports. Your podiatrist can prescribe a sport orthotic for you. Also, women should seek shoes formed on a woman's narrower last...shoes specifically for women.

6. Check the shoes' heel fit as carefully as the toe fit. The heel of your shoe should be slightly higher than the toe. The amount of lift will vary with the sport and type of shoe. Your heel should not slip out of the shoe during movement; nor should the back of the shoe rub against the heel.

7. Select specific shoes for specific activities. The demands of jogging are greater than the demands of walking. The needs for tennis vary from those of volleyball. Your feet get greater protection when you use aerobic, basketball, cycling or whatever shoes are appropriate for each sport or activity.

8. You will see newly developed "cross trainers" in the shoe store. They are good, general-purpose shoes. They provide light-weight contact with rugged protection. Cross trainers are suitable for use by the non-athlete for general leisure use. They are no substitute for hiking boots or running shoes, for example. (See 7).

9. Shoe shops should be made of fabric so that heat and moisture can escape.

Take your time. Be patient. Make certain you have the right shoe for your activity. Some of my patients bring in three pairs of shoes and have me check the fit for them. You may want to consider doing that with your podiatrist.

## Reflections:

### It Is A New Era In Childrearing

When you have been in practice as long as I have been, you can't help but think of things past — how people react, or fail to react to information. Mothers-in-law are mostly a source of help and understanding — but not always.

I well remember a case of colic that started in the newborn period that was so difficult to handle, I finally had to admit the infant, at age 4 months, to the hospital for evaluation. The young mother was most distraught, but she was even more so when her mother-in-law volunteered at that late date, that her son, the father of the colicky infant, had the same problem when he was infant.

Some mothers-in-law can really make the daughters-in-law's day when, after a pleasant visit and just as she has her hand on the door knob leaving, she gives a ring about the inadequacy of the rearing of the grandchild. In truth, grandmothers tend to be officious at times, when in fact it is a new era, and child rearing and child care change with each generation. It would be better for her to give first, love, and then possibly a history of inherent allergies to the new son or daughter-in-law, or anything else that might be important in the family history. Then she should try to keep quiet.

Many years ago I had several grandmothers who, when colic appeared, thought breast feeding was ridiculous and poorly advised by the doctor. My answer to those mothers was that if the Creator felt the same, he would have eliminated the breasts at the time of Adam and Eve. Colic in an infant is invariably due to cow's milk — in fact if in pregnancy the expectant mother fell in love with Chinese food (soy sauce), this food would sensitize the unborn baby to soy and make its use as a milk substitute just as bad as the cow's milk formulas.

I can't help but reflect on the many hours I made to see a sick child other than the newborn. After treating the sick child we then talked about the recent arrival. I would be invited to see the baby, but halfway up the stairs the mother would remember that the infant was sound asleep in the dining room! You might forget where the breast fed infant is, but you will with the colicky, artificially fed infant! Always know where the baby is because of screaming, etc.

Breast milk has another advantage in that it is low in residue, in fact, the stools are watery and yellow. With cow's milk formula, you often get hard formed stools which are difficult for the infant to pass; in fact, when



Dr. Paul  
Kearney

I first started to practice in the early 50's they had dilators to insert in the anus to try to dilate the rectum so that stools might be passed. As we stressed breast feeding again, thank goodness, that ridiculous therapy went by the wayside.

Consider that we used cloth diapers in my time. The advent of plastic diapers appeared to be a great innovation. However, they would be put on tight and because of no air circulation, the infant got bad diaper rashes. Now we find we have an environmental problem — disposal — they are not biodegradable.

Tonsillectomy is another procedure that is no longer in vogue. The pediatrician began to realize the bell ringing tonsils are. Tonsils are, when infected, like a red warning light telling us to culture and treat. Many a serious potential sore throat is thus prevented. When you remove the tonsils, you remove the evidence that a bacterial infection is in the making.

Another unnecessary procedure we now recognize is umbilical hernias. No matter how severe they are, untreated they disappear spontaneously by age 5 years.

I will conclude with a word about smoking. Like many other problems in the teenage years, they have trouble coping, and by smoking they become adults — of course without any responsibility or concern. I have had many teenagers with asthma-like symptoms, which are very difficult to treat. Then I get wise to their smoking. There is on the market a substitute for smoking. It is a gum called nicorettes which can substitute for the smoke, for those who wish to stop smoking. They're worth a try.

We all know smoking will cause cancer, but that it usually takes many years. On the other hand, constant smoking can and will produce a lung cripple by the time a person hits the forties — and sooner if they have asthma. They will have trouble breathing and walking. Somehow the smoke turns the lungs to paper — so-called emphysema.

Basically, we have to start teaching by love and discipline, the rules of Health. Then if we are lucky, our young people might tend to follow the disciplines prior to maturity — no smoking, no drugs, no bad companions.

Who said child rearing is easy? I can't help but remember the words of Oscar Wilde, the famous playwright of the 1800's. He said, "He could resist everything but temptation."

## Black History Notes

Researched By James E. DuBoise

David N. Crosthwait, Jr.  
Engineer (1898- )

David N. Crosthwait, Jr., as a supervisor with the firm of C. A. Durham of Michigan City, Indiana, designed and diagnosed heating systems and installations of same. As a consultant and technical advisor to utility companies in the Metropolitan areas, he helped develop the method and apparatus for heating Radio City Music Hall in New York City — a seventy-story structure.

Born in Nashville, Tennessee,

Crosthwait attended high school in Kansas City and went on to receive a B.S. and M.S. in engineering from Purdue University.

Some of his many inventions for which he has patents are the Automatic Water Feeder, 1920; an Automobile Indicator, 1921; a Thermostat-Setting Apparatus, 1928; a Vacuum Heating System, 1929; and the Vacuum Pump, 1930.

## St. Rose Parishioners See Passion Play



Pictured above is the group that went to the Passion Play in Union City on March 9th.



## New Jersey State Opera Presents The World Premiere Of "Frederick Douglass"

On April 14, 1991, the New Jersey State Opera will present the world premiere performance of *Ulysses Kay's* new opera **FREDERICK DOUGLASS**. The performance will take place in Newark's Symphony Hall as part of State Opera's Twenty-Fifth Anniversary Season. It will be conducted by State Opera's founding conductor, Alfred Silipigni, and will star Klara Barlow, Kevin Maynor, and Michael Naldi.

The historical Frederick Douglass (1817-1895) was one of America's great 19th century leaders. Born in Tuckahoe, Maryland, he evolved from slave-child, to runaway, to apprentice ship caulker. In 1841 an extemporaneous speech he gave at an anti-slavery meeting in Nantucket led to his appointment as an agent of the Massachusetts Anti-Slavery Society. Douglass became one of the most distinguished black American orators of all time. He also became an author and a newspaper publisher. During the Civil War, Douglass was an early advocate of using black troops in the Union Army. Following the war, Douglass served as Assistant Secretary of the Santo Domingo Commission, as Marshall of the District of Columbia, as the District's Recorder of Deeds and as American Minister and Consul General in Haiti.

The opera focuses on the public and private battles of Douglass's final years and his last victories before his death.

State Opera's production will star Kevin Maynor in the title role of Frederick Douglass. He is a Fulbright Award winner and the first apprentice artist from the west to study at the Bolshoi Theater in Moscow. He made his New York City Opera debut in 1985 in Philip Glass' *Akhmatov* and appeared in the world premiere of Anthony Davis' *X* with the American Music Theater Festival in Philadelphia. Maynor will make his debut with the New Jersey State Opera in this important role.

Douglass' wife will be portrayed by soprano Klara Barlow. She has been acclaimed as a leading soprano with the world's great opera house including the Metropolitan, La Scala, Vienna, Berlin, the Lyric Opera of Chicago as well as the theaters of Seattle, Portland, Houston, San Diego, and the New Jersey State Opera. The Metropolitan was the scene of Barlow's personal triumph as Isolde, in 1974, when the New York Times heralded her performances with front page recognition. She returns to the New Jersey State Opera having previously sung the roles of Amelia in *Un Ballo in Maschera*, Leonora in *Fidelio* and Mimi in *La Fanciulla del West*.

The composer, *Ulysses Kay*, is also a New Jersey resident. Born in Tucson, Arizona in 1917, Kay is one of America's most frequently played and commissioned serious composers. His music is conservative, melodic, and romantic. He is the recipient of the Prix de Rome, Fulbright, and Guggenheim Fellowships, and the holder of six honorary degrees. He has composed considerably for film and television, including the score for **The Quiet One**.

Ticket information can be obtained by calling the New Jersey State Opera Box Office at (201) 623-5775.

## Security Officers Form Fellowship

Recently, a group of Security Officers formed a non-denominational Fellowship of Charismatic Believers. The purpose of this Fellowship is to reach out and minister to the suffering and alienated people of the inner cities, bringing them a renewed sense of hope found in the message of Jesus Christ.

The vision for this Fellowship began when Security Officer Anthony Pilgrim was named as Chaplain of the NCC Security Department by James DuBose, Director. In a conversation with Mr. DuBose, Officer Pilgrim stated, "I would never have envisioned this potential of the Security Officers had it not been for being named Chaplain. It was then that the purpose for which God had called me to Newark began to take shape. The high visibility and rapid growth in the security field across the nation and its ever-expanding areas of service deemed ideally suited to this Fellowship."

It was that conversation with Director DuBose that encouraged Officer Pilgrim to pursue this vision and what better place to begin but in the



Fellowship Board

City of Newark. While this Fellowship is proposing to work toward evangelization in the cities, it is not a Church group, but an arm of the Church, ministering to the spiritual needs of the people. The Glory Knowledge Training Center, which is one of the ministries that will be administered by the Security Officers for Christ Fellowship, is a residential renewal center, where persons afflicted by drugs and other substances can enroll in a nine to twelve week course on biblical living and principles, thereby strengthening their faith in themselves and their relationship with God.

On the Board of Directors are other Officers from NCC Security Force. Among them, Officers Momonohin Georges and Ann Tyson (who completed the NCC Leadership Development Program), Officer Leonard Thompson and Bobby Blocker. For information on this Fellowship you can write: Security Officers for Christ, International Fellowship, P.O. Box 30288, Newark, New Jersey 07103, or contact Chaplain, Security Officer Pilgrim at 643-3766 or 623-3841.

Tickets range from \$15 to \$60. The New Jersey State Opera is supported in part by the New Jersey State Council on the Arts/Department of State and the Essex County Board of Chosen Freeholders.

## Security Corner

### Officer Of The Month

Security Officer Momonohin Georges, has been selected Security Officer of the Month for April, 1991.

Security Officer Georges was chosen because of his outstanding performance and dedication to duty in addition to maintaining an excellent attendance record.

Officer Georges emigrated to the United States from the Ivory Coast of West Africa, more than four years ago. He has been a member of the N.C.C. Security Department for almost three years.

On Tuesday, May 14, 1991, Officer Georges will be the recipient of two

questioning that she was about to give birth, they rushed her to the hospital. However, the baby was born in the car before their arrival. The incident was the subject of an article in last month's (March) Clarion.

Security Officer Georges has received a certificate of appreciation from U.M.D.N.J., for volunteering his service to University Hospital. Security Officer Georges states that he enjoys his job very much because it gives him "an opportunity to help others, and when you do that, God helps you too." Supporting his philosophy is the fact that Officer Georges has joined



Assistant Director of Security Errol Adams and Douglass-Harrison Manager Cecilia Thomas, congratulate Momonohin Georges on being named Security Officer of the Month.

(2) of the Security Department's most prestigious awards at the Seventh Annual Awards ceremony for Security Officers. The awards are: The Medal of Honor, and the Meritorious Service Award. Officer Georges and his partner earned the Medal of Honor when he, along with Security Officer Marlon Anderson, while on routine foot patrol at the Douglass-Harrison complex, observed a female resident in the area of 69 Somerset Street, suddenly collapse to the ground. When it was learned through

a recently formed non-denominational Fellowship of Christian Believers, composed of Security Officers (see related story this page). His ambition is to be promoted to the rank of Sergeant within the Security Department.

The Security Department congratulates Security Officer Momonohin Georges, for his achievement. Officer Georges was presented with a plaque from the New Community Corporation in acknowledgment of his accomplishment.

## Color Guard Marches Smartly

As has been the custom since its inception more than six years ago, the Color Guard of the NCC Security Department was invited to represent the New Community Corporation in the 56th Annual St. Patrick's Day Parade on Sunday, March 10, 1991, which was held in the Vailsburg section of Newark. The parade starting at 2:00 p.m. sharp, began at Sanford and Eighteenth Avenues in Newark, and proceeded north to South Orange Avenue, and then west to the Village of South Orange.

A unique display of the Federal Flag was presented by members of the Color line, in carrying three American flags in the parade to demonstrate their support for the men and women of our nation serving in the Persian Gulf, and their individual feelings of patriotism.

The Color Guard, commanded by Sergeant John Jackson, was very enthusiastically received and acknowledged the two reviewing stands along the parade route. The first was at Sanford and South Orange Avenues, and the second was at Seton Hall University in South Orange.

Members of the Color Guard received compliments upon compliments,



NCC Color Guard

regarding the smartness of their uniforms and were warmly applauded by the many spectators on the sidewalks.

Color Guard members were: Sergeant John Jackson, Commander; Security Officer, Lawrence Thompson, Assistant Commander; and Security Officers Samuel Bell, Eric Brown and Darren McNeil.

## At Your (Social) Service

by the Staff of NCC Social Services Department

### NCC Youth Present Essays On African-American Month

The UMDNJ Department of Human Resources sponsored an African-American Heritage Month production called "A Universal Message" on Tuesday, February 26, 1991, in the UMDNJ New Jersey Dental School Atrium. Many talents from various performing idioms portrayed the African Culture through entertainment and education ("edu-

Human Resources also invited New Community Youth Services to participate in a writing contest and attend their program and first, second and third prize winners presented their essays at the event. Contestants were asked to express in 100 words or less, why African-American Heritage Month is special to them. Each winner received a Certificate of Recogni-



Our essay winning youngsters glow upon receiving their prizes.

tainment"). The highlight of the evening was a performance by PYRAMYD which revealed colorful costumes, the sound of the DJEMBE! Drum, the stories of the Griot, ritualistic dances and the rhythm of Africa through music. A Universal Message was an experience in itself and the audience was thrilled with their exploration of the wonders of the diversified "worlds" of the content of Africa and its contributions to the world.

tion and a prize that was appropriate to the occasion. All essays were displayed and our youth produced some very profound literary pieces.

First place went to Chanel Grier. Second place - Alexander Ramierz. Third place - Kasanna Akridge. Honorable Mention went to Janelle Joseph. Each child that wrote an essay, as well as the other youngsters, were recognized for their participation. It was an exciting and rewarding afternoon for all.

### NCC Basketball Team

Just over a month ago, eight New Community youth joined together to form a team to represent New Community in Quest/Essex CYO. Thus far the team has performed very well, with a 5-1 record. New Community is proud to have a team playing in the league, which offers a multi-purpose program.

The overall objective of the Quest Essex CYO League is to provide the student athlete an extracurricular activity, by which students can develop both physically and mentally. An important aspect of the program is competition. Competition is the vehicle used to build discipline and character in each of the players. Winning at all

costs is not the motto or theme of the league. For the players, who are at the high school level, it is much more important to reinforce the fundamentals of the game, and build a foundation that can be used in later competition. Many experiences gained in competition can be transferred to other activities outside the sports arena.

We salute our team as they continue this rewarding experience. Good Luck!

Team members: Craig Chilloins, Douglas Evans, Desmond Grayer, Mae Harper, Mutagim Muhammed, Dwayne Parker, Craig Scudpper, Clarence Smith, Kinard Thompson.

### Youth Soaking Up History

March has proven to be a very active month for the youth from NCC's after-school programs. The very first day of this month the youngsters piled into the large bus with a destination of Caldwell, New Jersey. Why Caldwell, you ask? They went to explore the historic site of Grover Cleveland's birthplace.

Once inside, the guide shared with them how it came to be that Grover Cleveland was born on this particular site. They learned that his father was a minister for the First Presbyterian Society. Since Cleveland's family only lived there for the first four years of his life the items and games were

from that time. There were also items from his time in office as President of the United States. The youngsters learned that even history can be fun.

The celebrations continue in honor of African-American Heritage. On March 8th the youngsters from NCC's after-school programs went to the Newark Library. At the main Branch on Washington Street an exhibit was set up for African-American Aviators. This exhibition consisted of posters, photographs, citations, and press clippings, with a special focus on the Tuskegee Airmen. This was an all-black fighter squadron in World War II.

### Yes A Museum Is Fun

Our time at the Newark Museum consisted of two visits. This was due to other programming this month. The two days that were spent at the museum have been ones filled with knowledge and fun.

One day was spent on money. The youngsters learned about foreign currency as well as currency from the United States. Each was given the chance to choose money from a country of their choice. A map was then displayed on the floor. Various food products were shown. The students were asked to identify the country of origin. Then each was given a chance to go on a shopping spree in the country of their choice. They had to be able

to change their currency for that of the country they were visiting. They had a great time shopping.

Another day was spent traveling through Victorian Times. To do this we were taken through the Ballentine House which is located at the Museum. The children learned about the dress of the time. Some even had the chance to dress up in Victorian clothing. Before leaving, all had the chance to walk through the Ballentine House. This also included a quick glance of the upstairs area.

The youngsters continue to enjoy themselves on these days at the museum. Be sure to look again next month for some fun filled knowledge.

### Students Of The Month

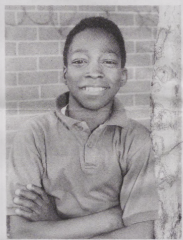
March students of the month are Angelis Bonet and Clyde Bostic. Angelis is seven years old. She and her family recently moved into New Community. Angelis attends Newton Street School. There he is in the second grade. She enjoys reading and since joining the after-school program at Bruce Street, has shown some improvement. This will help her later, for she wants to be a doctor when she grows up.

Clyde is eight years old and a newcomer to our program at Hunterdon Street. He also attends Newton Street School. There he is in the second grade. Clyde enjoys reading whenever he can. It is in math that he has shown some improvement since attending our programs. He would like to be a policeman some day.

Congratulations and good luck to both of you. Keep up the good work!



Angelis Bonet



Clyde Bostic

### Basketball Hall of Fame

Fifteen New Community youth traveled to Springfield, Massachusetts this past month to visit the Basketball Hall of Fame. As one might imagine, the trip was filled with much excitement as the group traveled by van through New England on a bright sunny day. The trip, of course, demanded several stops at fast food restaurants for nothing less than McDonald's.

Once they arrived at the Hall of Fame, the group had the opportuni-

ty to tour the museum, viewing a series of unusual exhibits that utilize the most modern techniques of sight and sound to demonstrate the excitement, the discipline, the talent, and the dedication which are in integral part of the game.

Although it was a somewhat lengthy trip, the bright day made it an enjoyable sightseeing day as well, since many of those on board had not been to any of the New England states.

### Newark Dance Festival

Youngsters from NCC's after-school program along with youngsters from Harmony House enjoyed an evening out on March 15th. The group attended the Newark Dance Festival held at Essex County College.

The producer of the dance festival gave an introduction of what was to be expected from each segment presented. The dancers danced with poise and grace which captured the attention of the youngsters. Each dancer had their own unique style of dancing. In the Garden State Ballet our youth were given another chance to experience art in dance.

### Skating

On Friday, March 15th, the NCC after-school program youngsters enjoyed a fun trip to Skate 22. The children were excited as everyone raced to get on the floor. Some of the children had their first chance at beginning skating which made it more enjoyable. They were determined to learn. The more advanced skaters helped out with this. It was a special afternoon of fun, fun, fun!





## FOCUS on FAMILIES

### A Summit Meeting With Local Law Enforcement Personnel

On January 10th of this year, the NCC Families met for the first of our quarterly tenant meetings and the primary challenge presented at the outcome was to schedule a meeting with local law enforcement personnel for the tenants to address their concerns.

On February 21st we had the requested meeting, due to the extensive

if we want the county to respond to the drug activity within our community. Sergeant Russo from the West District Precinct shared with us information concerning the Computer Aid Dispatch system which prioritizes all emergency calls from 911. He suggested that if our tenants are in need of assistance, they should call 201-733-6000 or 911 if there's an extreme emergency, such as shooting,



New Community residents voice their concerns at a recent meeting.

efforts of James DuBose, Director of Security. He coordinated the attendance of Charles Knox, Director of Essex County Narcotic Squad, Sergeant Russo of the West District Precinct and Detectives Treadwell, Eutsey and Stroud of the City of Newark Narcotic Squad.

The tenants were present in strong numbers and I recall people standing, because we ran out of chairs. Each person mentioned above shared with our tenants, specifically, their role and responsibility with regard to drugs and crime within our community.

Mr. Knox shared with us the role of the Essex County Narcotics squad. It was indicated that our residents must call 201-623-DRUG or 201-623-4200,

robbery, etc. Lastly, our Detectives from the City of Newark Narcotic squad requested that our residents call 201-733-6115 with all drug related information.

Each representative indicated that any calls made will be in strict confidence and if you want to remain anonymous, you may do so. However, it is critical that you provide as much detailed information with specific descriptions of the suspects, when you call with information.

Lastly, we would like to thank each guest for their participation and interest in helping us contribute to the safety of our community.

Diane Ryaless Lampley  
Business Manager

### Roseville Senior Citizens Remember St. Patrick

On Thursday, March 14th, the Roseville Senior Citizens Club held their annual St. Patrick's Day Party at Manor Senior, a tradition that started in 1966.

A tasty luncheon was served starting with a tossed salad, fresh fruit cup, and the traditional corned beef and cabbage, with potatoes and carrots. Special Irish soda bread made it a true Irish dinner.

Music was supplied by the Musicians Guild of Essex County. One of the high points of the party was when

Lou DeGroat, club director took over the mike and sang a couple of songs with the band. Later, some club members joined the band in singing a few old Irish favorites.

The ladies looked lovely in a variety of green dresses and pants suits. A beautiful cake decorated with little Leprechauns was served with coffee and tea. The party ended with beautiful live plants raffled off to the winners.

A grand time was had by all.



Lou DeGroat belts one out at the Manor Senior St. Patrick's Day Party.

## A Very Special New Citizen

Of the 85 new U.S. Citizens who swore oaths of allegiance to the U.S. Constitution before Judge Stanley R. Chesler in Newark on March 12, one in particular is very special to us.

Nine years ago, Debbie Santa Ana left her home in Manila, the Philippines, and settled in Michigan. After four years of living and working there, she decided to see a little more of the U.S., so she moved to New Jersey to live with her mother.

As our luck would have it, she found a position in New Community's Social Service Department. It is difficult to remember how we ever managed before she came to be our receptionist/secretary. When she was out on maternity leave, the department, which she seems to hold together so easily, almost fell apart. But that's getting ahead of our story.

Soon after Debbie came to work at New Community, the Social Services office acquired a computer. Jim Rohrman of our Systems Department was designated to train Debbie in its use. Therein lies a tale. Pretty soon our humble Social Services computer was receiving attention worthy of a research bank at I.B.M. On second thought, maybe it wasn't the computer getting all that attention.

Systems proved to be compatible and eventually Debbie and Jim were married at St. Rose of Lima Church, of course. During the ceremony,



Debbie Rohrman

Msgr. Linder noted that their love had literally spanned an ocean.

Almost two years ago, a son Christopher, one of the darlings of the Network, was born. Now, after learning everything that most of us have forgotten about our government, Debbie Santa Ana Rohrman, a native of the Philippines, has become a U.S. citizen and her new family, the New Community Family, is very proud of our own Miss America.

Congratulations, Debbie.  
Sr. Mary Ellen

## NC Douglas Homes



NC Douglas Homes Manager, Wayne Chapman, is surrounded by the newly elected tenants' association officers.

The Tenants Association of N.C. Douglas Homes, 15 Hill Street, is proud to announce its newly elected officers:

Mabel Kearney, President  
Ruby Marshall, Vice President

Vinisia Holley, Secretary  
Elizabeth Frankling, Treasurer

We congratulate these leaders, pledge our support and thank them for being willing to serve us.

## NEW COMMUNITY ADULT MEDICAL DAY CARE 266 So. Orange Ave., Newark

WE OFFER:

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- Speakers •Entertainment
- Transportation •Trips
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## We Build The Ladder On Which We Rise

A ladder is a structure for climbing up or down that consists essentially of two long sidepieces joined at intervals by crosspieces or rungs on which one may grab and step. Now, there are many ladders and many uses for ladders, and how one uses a ladder determines to some extent, where one wants to go — one's goal. One may use a ladder to descend or one may use a ladder to ascend.

Life does not give one a ladder, but it does expose one to means by which one may build his ladder. Among the intrinsic means are: moral and ethical principles; good spiritual and physical health; adequate education and training; good personal, study, and work habits; proper mental attitude; motivation; and a worthy goal. A ladder must have more than one crosspiece, and each one must be strong, for should a crosspiece be weak the climber might fall, hurt himself, and fail to reach his goal.

One has the option and is free to make a choice as to whether he will avail himself of the proper means by which to build or not. There are those who choose not to endow themselves with exalted means but to ingratiate themselves with mundane ones lacking essential moral ingredients, and so the ladder of life they build for themselves is debilitating.

Never in the history of mankind has there been such a wealth of information available about so many subjects, yet in spite of the preponderance of information, the world is rife with problems. It seems that a vital dimension is missing: that which gives one the ability to determine good from evil; right from wrong; to understand and obey the eternal spiritual laws God expressed in the Ten Commandments, and various other laws enumerated in the Holy

Bible. In building our ladder of life we must first incorporate this knowledge as the foundation crosspiece or rung.

Mark 7:15 instructs that, "There is nothing that enters a man from the outside which can defile him, but the things which come out of him, those are the things that defile a man." It is so important that man concern himself with the intrinsic moral means to justify his ends. Without them man may acquire diplomas and college degrees but fail to acquire salvations; gain honors but lack honor; have charity but no love; possess things but have nothing that is lasting.

Man has come a long way: "from the mud hut to the skyscraper; from the cave to the moon;" but without the infusing of eternal spiritual laws he has failed in learning to live together peacefully — forgiving, and loving one another as himself. Devoid of the eternal spiritual laws, the mind of man has become a virtual alium — cluttered, devious, and pernicious, imbued with the debris of selfishness and greed, reeking with incompassion, symbolizing a life of meaninglessness.

In building the ladder of life, it is necessary for us to plow away the debris of ignorance; raze the ugliness of lethargy; redevelop and urbanize aspiration, compassion, and love, so that one day our souls may no longer be parched in the desert of despair, but come to an oasis of hope that will put out the fires of racism, quench hedonism, and fill our souls with His love.

When we build the ladder of our life on the fulfillment of His promises, we build the ladder on which we rise.

Lewis Graves  
Springfield Branch  
Newark Public Library

## Who Baked Those Delicious Dunkin' Donuts?

On March 7th, the class of three-year-olds at Babyland II Urban Pre-Kindergarten Program visited the Dunkin' Donuts in the Pathmark Shopping Center. The class had been talking about bakeries and a visit to the Dunkin' Donuts store let them experience what it would be like to work in a bakery.

The children were greeted by a friendly staff who gave them a tour of the kitchen. They saw dough being made, donuts glazed and Munchkins being cooked. Each child was able to experience making his/her own Munchkin.

chkins. The staff had two trays which were full of powdered sugar and cinnamon, where the children were able to cover their Munchkins with their own choice of topping.

When the tour was completed, each child received a bag of Munchkins and a container of orange juice.

This was a wonderful learning experience for the children, and a good time was had by all.

The whole class would like to thank the friendly staff at Dunkin' Donuts; special thanks to the manager, Gary Pettigrew, for making this visit possible.



The magic of donut making as seen through the eyes of children from Babyland II. Gary Pettigrew and Michelle Keenan look on.

## See You In The Fall

"Are you coming back next year?" "Will you be my tutor again?" "Thank you, I'll miss you." These were the lingering comments as students and tutors were leaving the classrooms last week.

Tuesday, March 19th, was our last day of the Tutoring/Mentoring Program for the 1990-1991 academic year.

An estimated 10% to 20% of school age children have a learning disability. This term describes children who have intellectual ability and educational opportunities but have difficul-

ties of younger children.

Each Tuesday, 26 students from Seton Hall University, Rutgers University, Seton Hall Prep, Delbarton, Mount Saint Dominic Academy as well as seven St. Rose of Lima Junior High girls have enriched our students and have been enriched themselves. The students were instructed in reading skills and homework related areas. The tutors were instructed in teaching skills by the Master Teacher, Dr. Mary Farrell, Fairleigh Dickinson University.

At the end of the Trimester ses-



St. Rose of Lima students and their tutors proudly display their certificates.

ty with school learning, especially in reading. They are in need of individual help which often cannot be provided by our school personnel. Volunteers who are trained to provide tutorial services can make a significant difference in both educational attainment and emotional well-being.

For the past two years, Saint Rose of Lima has been involved in developing a volunteer tutoring program utilizing high school and college students. The objectives of this program are:

1. Provide after-school tutoring assistance to grades one through six in order to enhance academic performance.

2. Provide interaction between elementary school students and older, successful students in order to provide role models for the elementary school children.

3. Provide training for high school and college students.

4. Foster caring relationships between young adult leaders and groups

sions, our evaluation showed student progress of 2 months to 14 months improvement. Each student was tested in September and again in April to determine gains.

We are proud of this innovative program and express a deep sense of gratitude to all connected with this program. It is obvious from both the tutors and student comments that each segment enjoyed each other and a friendly relationship was established. "There's my tutor — I was afraid you weren't coming," — "Where's my student; he isn't absent. Oh, good, here she comes." These are the weekly comments heard about the school halls.

The teachers have also expressed appreciation as they witnessed improvement and positive influence on individual students.

Thank you to Dr. Mary Farrell, Mrs. Emily Ross, Walter McMahon, Sister Fran Sullivan and Father Elias — Moderators of our Students Who Care!



Brenda shows the children proper Munchkin coating techniques.

